

Getting started

Use the **Contents** button to view and select the contents of the entire disk. Use the arrow buttons above the text to move sequentially through the text.

Change the current view of the **3D Model** by choosing from the drop-down menu below the model.

Rotate the 3D model using the **Arrow** buttons centred beneath it.

Strip away anatomical layers, from **Superficial** to **Deep**, using the **Layer Slider**.

Click on a structure on the 3D model to display text relating to it. Right-click over the text to display a list of sections and scroll quickly to the chosen section.

To help you get started, Help balloons are available. Move the mouse over any button and its function will be explained.

In-depth help is available from the **Help Menu**.